



TRANSFORM2INSPIRE RETREAT BRAZIL

Create a Life + Business You Love.

Travel. Influence. Inspire. Learn. Expand. Earn.

FIT Life
C r e a t i o n

WWW.FITLIFECREATION.COM

www.katrinajulia.com





INCLUDED

STAY + FOOD

VILLAS 4 NIGHTS
LIFESTYLE RETREATS
CHEF PREP MEALS
NO ALCOHOL ALLOWED

SERVICE + ADVENTURE

SERVICE + GIVING BACK
TOURS
UNIQUE EXPERIENCES

BUSINESS BUILDING

WORKSHOPS, PORTALS,
CREATING RETREATS,
BILLIONS, LIMITLESS,
BONUSES + MORE!

EXPOSURE + EXPANSION

PHOTOGRAPHY
CONTENT CREATION
DIGITAL + COLLABS
AMBASSADORSHIPS

FIT Life

C r e a t i o n

TRANSFORM2INSPIRE RETREAT

CREATE A LIFE +
BUSINESS YOU LOVE



AGENDA

DAY 1: ARRIVE

6 PM DINNER + WELCOME

ACTIVITY: PURPOSE + SPACE

DAY 2: SERVICE + CONTENT

6 AM YOGA / MEDITATION

8 AM FLY BY NUTRITION
+ BREAKFAST

9 AM SERVICE + EXPLORE

12 PM LUNCH

4 PM CREATING RETREATS
SOCIAL + DIGITAL

6 PM DINNER + ACTIVITY



DAY 3: WORKSHOPS + CONTENT

6 AM MEDITATION + GRATITUDE

7 AM BREAKFAST + CONTENT
6 PACK OF WEALTH

9 AM BEACH + SHOOT

11 PM LUNCH +
WORKSHOP / INTERVIEW

1 PM CHRIST THE REDEEMER
PARAGLIDING / ADVENTURE

6 PM DINNER + INTERVIEWS
BILLIONS IN OUR BRAINS

DAY 4: ADVENTURE TOUR

7 AM BREAKFAST +
SCUBA / SNORKEL

6 PM DINNER + INTERVIEW +
NEXT STEPS + WRAP UP

9 PM SPA JAMA GLOW PARTY

DAY 5: RELAX + DEPART

6 AM MEDITATION + GRATITUDE

7 AM BREAKFAST + FREE TIME

10 AM DEPART





GLOBAL



RETREATS



INFLUENCER



WEEKENDS



AMBASSADOR



ACADEMIES



FUNDRAISERS



EVENTS



PRODUCTS



COACH

ROAD MAP WAYS

TO GROW WITH

FIT Life
C r e a t i o n



SPEAKER



CONTENT

FIT Life
C r e a t i o n

ONE STOP LIFESTYLE
TRANSFORMATION



PROGRAMS | RETREATS | ACADEMIES |
AMBASSADORS | FUNDRAISING
WWW.FITLIFECREATION.COM